

CULTIVATING SELF-CONFIDENCE: THE RELATIONSHIP BETWEEN PUBLIC SPEAKING AND STUDENTS INTRAPERSONAL INTELLIGENCE

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Abstract

This study examines the relationship of intrapersonal intelligence on students public speaking skills. Communication is an essential aspect of life, especially in the context of education, particularly within educational settings, as it serves as a primary tool in the teaching and learning process. Public speaking, as a form of communication, plays a critical role in fostering self-confidence and enhancing social interaction among students. However, many students continue to face challenges in public speaking, often due to limited self-awareness and self-regulation, which is the most key component of intrapersonal intelligence. This study used a quantitative approach with a survey method, this study collected data through observation and the distribution of questionnaires to respondents. The results showed a positive and significant relationship between intrapersonal intelligence and students public speaking ability. This finding indicates that the higher the level of intrapersonal intelligence possessed by students tend to demonstrate greater proficiency in public speaking. Thus, the development of intrapersonal intelligence should be considered an integral part of the educational process in order to enhance students communication competencies.

Keywords: Communication, Public Speaking, Intrapersonal Intelligence, Students, Learning.

INTRODUCTION

Communication is the most important aspect of staying connected for every living being in the world. Everyone uses unique ways to communicate in their daily lives. Communication is the behavior of actions or activities of conveying or conveying symbols that contain meaning or meaning (Ubaidillah, 2016). Communication is used in many aspects of life, such as education and student learning. In the learning process, communication between teachers and students is very important. In learning, teachers use communication to deliver learning materials and materials to students. On the other hand, students use communication to convey their opinions and ideas about the material taught by the teacher. In an active learning atmosphere, communication can help the growth of interaction and disclosure of learning concepts. Learning nowadays pays much attention to the aspect of communication. This is due to the fact that decisions about the communication methods to be used during the learning process are