

## LEVERAGING VLOGS INTEGRATION FOR ENGLISH LANGUAGE TEACHING: A SYSTEMATIC REVIEW

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### Abstract

This study examines the effectiveness of integrating video blogs (vlogs) into English Language Teaching (ELT) to enhance students' speaking abilities. A systematic review was conducted following the PRISMA framework, analyzing articles published between 2020 and 2025 from databases such as Google Scholar and Publish or Perish. The study investigates how vlogs influence students' speaking confidence and fluency, the challenges they encounter in utilizing vlogs for language learning, and instructional strategies that can optimize vlog-based learning. The results reveal that vlogging fosters self-efficacy, vocabulary acquisition, and independent learning while promoting a collaborative and student-centered environment. Additionally, topic-based vlogs have been found to enhance students' grammar and confidence in speaking. However, challenges such as informal language use, technological limitations, and digital competence barriers remain prevalent. The findings of this study suggest that while vlogs contribute positively to speaking skill development, educators must address content quality, technological accessibility, and students' adaptation to digital learning tools to maximize their effectiveness in ELT.

**Keywords:** Vlogs; English Language Teaching; Speaking Proficiency; Digital Learning; Systematic Review

### Introduction

Vlogging has become a widely used medium for communication and content creation as smartphones and digital platforms such as YouTube, TikTok, and Instagram become more accessible. As such, these changes have affected the way students use technology in their daily lives, as well as the way they learn languages. Studies show that incorporating Vlogs into ELT has many benefits, including increased motivation, better pronunciation, and more exposure to native language use. Vlogs provide students with a multimodal learning experience that combines visual, auditory, and textual elements, which helps them understand and create language. This sets it apart from conventional speech exercises.

A series of previous studies have investigated the role of video blogs in computer-based education (ELT) and the impact of video blogs on students' speaking ability. According to research conducted by (Yusuf et al., 2023), vlogging increased confidence, vocabulary acquisition, and independence in learning. Similarly, (Prasodjo, 2023) showed that Topic-Based Vlogs (TBV) significantly improved vocabulary acquisition, grammatical accuracy, and speaking confidence. However, (Agyztia Premana, Ubaedillah, 2021)