

## READINESS OF PROSPECTIVE TNI OR POLRI ACADEMY CADETS TO FACING PSYCHOLOGICAL TEST PREPARATION

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### **Abstract**

*Objective study This is to determine the readiness of prospective TNI and POLRI academy cadets to face psychological test preparation. The method used is qualitative, with a study field. As for participants in the study, these are two prospective TNI and POLRI cadets. Results study This means that an individual's readiness to face psychological tests is influenced by various factors. Some of these factors include previous experience, learning approach, social support, mental and emotional readiness, understanding of psychological tests, motivation, commitment, awareness of the importance of psychological tests, self-reflection, and personal readiness. In the context of prospective TNI cadets, it was found that their readiness to face psychological tests varied, with some individuals feeling ready and confident after intensive preparation and practice, while others may feel less prepared or anxious about facing the test.*

**Keywords:** Readiness, cadets, psychological tests

### **INTRODUCTION**

Pedhu (2020) explains that psychology is a test used to measure various aspects of psychological someone, like personality, cognitive abilities, interests, talents, as well as mental disorders and emotional Psychological tests for personality themselves have various benefits that can help someone understand themselves better, develop their potential, and improve their quality (Aziz et al., 2023). Basically, Basuki et al . (2020) explain that the use of personality tests can provide a deeper understanding of various aspects of a person's personality, including behavior, preferences, tendencies, and thought patterns. Thus, this test can be used for several purposes that are very beneficial for individuals, such as: self-understanding, self-development, improved communication, and problem solving. stress management: career choice, improved interpersonal relationships, decision-making, improved quality of life, increased self-awareness.

Furthermore, according to Bekti et al . (2018), psychological tests that include evaluations of personality, cognitive abilities, interests, talents, and mental and emotional disorders are needed to provide a comprehensive understanding of individuals holistically. These tests not only help in depicting complex aspects of an individual but also provide valuable information for various purposes, such as: Personal Adjustment: Understanding various psychological aspects of an individual helps in the process of their adjustment to various challenges and changes in life. With