

THE IMPLEMENTATION OF GROUP GUIDANCE TO REDUCE ACADEMIC PROCRASTINATION OF COLLEGE STUDENTS

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Abstract

This study aims to determine whether the implementation of group guidance using *modeling* techniques can affect the tendency of academic procrastination of students of the Pattimura University Guidance and Counseling Study Program, this research is located at Pattimura University, Ambon. The population amounted to 97 students using *purpose sampling* technique totaling 18 respondents. The research design used *Pre-experimental One-Group Pretest-Posttest Design* with *Paired sample test* data analysis techniques used to test the research hypothesis. Researchers also conducted validity, reliability and prerequisite tests. The results showed a difference in the average score before treatment and after with a paired sample t-test value of sig. 0.000 < 0.05 which means H_0 is rejected and H_a is accepted where the provision of group guidance treatment using the *Modeling* Technique has a significant effect on reducing student procrastination, although in the category is still in the moderate category.

Keywords: Group Guidance; modeling technique; academic procrastination.

Introduction

Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, control, personality, intelligence, noble character, and skills needed by themselves, society, nation and state (UU SISDIKNAS NO. 20 of 2020). In developing the potential of students in this context, students are certainly a very complex demand because by definition students have responsibility and a high intellectual level, intelligence in thinking and acting. According to Siallagan (2011), students as campus communities have the main task of learning, such as making assignments, reading books, making Makala presentations, discussions, attending seminars, and other activities.

In addition to the main task, there is another task that is heavier and more touching on the meaning of the student itself, namely as an agent of change and social control of society. This task can make him the hope of the nation, namely being a loyal person to find solutions to the various problems they are facing. Based on the above understanding, in accordance with the duties of students, there are still many students who delay doing