

EFFECTIVENESS OF SCHOOL CARE IN THE MANAGEMENT OF SCHOOL UNHEALTHY FOOD CENTRES LIVING IN SCHOOL

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Abstract

School nurses play a crucial role in the management of School Health Units (UKS) in boarding schools, which aim to ensure the overall health and well-being of students. This study evaluates the effectiveness of school nurses in UKS management through the various tasks they perform, such as routine health checks, health education, and mental health support. The results showed that nurses were able to detect health problems early, provide education that increased students' awareness of the importance of maintaining good health, and provide mental support that encouraged stress management. The contribution of nurses in creating a healthy and supportive school environment is essential to ensure that students can learn and develop optimally. This conclusion emphasises the importance of the role of nurses in boarding school UKS and suggests increased institutional support to strengthen their function.

Keywords: Effectiveness, School Nurses, UKS Management, Boarding Schools.

Introduction

Boarding schools are educational institutions that not only focus on academic aspects, but also require the management of the welfare and health aspects of their students. In this kind of environment, the School Health Unit (UKS) plays a very crucial role as a health facility that functions to provide basic health services, disease prevention, and health promotion (Damayanti & Anwar, 2023).

The School Health Unit (UKS) is a health service provided in a school environment with the main objective of improving the health of school community members, including students, teachers, and school staff. The UKS is an important tool in supporting health programmes in schools by offering basic health services, health education, and the promotion of healthy living (Shnewra & Ida, 2024). The functions of the UKS include disease prevention, first aid in the event of accidents, and supervision of cleanliness in the school environment. Thus, the UKS plays a role in creating a school environment that is conducive to the teaching and learning process and supports the holistic development of students (Santoso & Fahyuni, 2022).

The main objective of the establishment of the School Health Unit (UKS) is to maintain and improve the health of all school members so that they can optimally participate in the educational process. The UKS helps to detect and deal with health problems that students may face, ranging from minor illnesses to emergencies (Krupat, 2021). In addition, the UKS also aims to teach and instill healthy living behaviour among students through health education and other promotive programmes. With an effective