

HOW COLLEGE LIFE QUALITY AFFECTS STUDENT DISCIPLINARY BEHAVIOR

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Abstract

This study examines the relationship between the quality of college life (QCL) and students' disciplinary behavior. Using a correlational quantitative approach, it analyzes data from 105 university students across cohorts from 2021 to 2024. The sample consists of students from a private university in Bekasi. QCL, encompassing academic and social satisfaction, is the independent variable, while disciplinary behavior, reflecting adherence to campus regulations, is the dependent variable. Data collection employed a Likert-scale instrument, and statistical analysis included correlation and regression tests. Results show a significant positive relationship between QCL and disciplinary behavior, with a correlation coefficient of 0.652 and a regression model indicating that a 1% increase in QCL corresponds to a 0.597% rise in discipline. The R^2 value of 0.433 suggests that QCL accounts for 43.3% of the variance in disciplinary behavior, with the remainder influenced by external factors like parental roles and self-awareness. Respondents were categorized into three levels of discipline: very high (31.4%), slightly high (35.2%), and moderate (33.3%). The findings emphasize that enhancing QCL can foster better discipline, contributing positively to academic success and overall student well-being. This research underscores the importance of a conducive campus environment in shaping disciplined behaviors.

Keywords: college life quality, disciplinary behavior, student satisfaction, academic success, campus environment

INTRODUCTION

The implementation of rules and regulations within the campus environment aims to shape students' character. However, this goal is challenging to achieve if students do not adhere to the established rules. Therefore, a disciplined attitude becomes crucial for the effective functioning of these regulations in shaping students' personalities. Faqihudin et al (2022) define discipline as a condition formed through behaviors that reflect values such as obedience, compliance, loyalty, orderliness, and regularity. Thus, disciplinary education in higher education is expected to enhance students' professional abilities in their respective fields (Daineko, 2020).